

Annual Sports Physical Checklist

***Note:** Sports Physicals are **valid for 365 days**. You can verify that the student athlete has a valid physical through the Genesis Parent Portal. Parents are strongly encouraged to keep a physical exam on file.*

Cherry Hill Public Schools Athletic Department now requires that you **register your student for athletics through Genesis Parent Access**. ***Please note:** The Sports Physical Examination and Health History Update must still be printed and submitted to the nurse's office.*

1. Go to the Genesis Parent Portal
<https://parents.chclc.org/genesis/parents?gohome=true>
2. Log on using your User Name & Password
3. From the Home Screen Select the Student Data Tab
4. On the Tool Bar Select Forms

My child does **NOT** have a valid Sports Physical on file: ***Please note:** The sports physical examination must be printed, completed per instructions below, provided to the nurse's office.*

- ☐ Be sure that your medical provider has completed the Student-Athlete Cardiac Assessment Professional Development Module and sign with date of completion on bottom of page 4.
- ☐ Complete page one of the sports physical form **PRIOR** to the physician visit. ***Be sure to explain all yes answers. Parent/guardian AND student athlete must sign at the bottom of page 1.***
- ☐ Make sure **ALL** sections of the Physical Form are completed in **INK**:
 - ☐ Vision
 - ☐ Pulse
 - ☐ Blood pressure
 - ☐ Height/Weight
 - ☐ Date of exam
 - ☐ Is the clearance box checked?
 - ☐ Signed and dated by the
 - ☐ Physician, APN or PA
- ☐ ***Incomplete physical forms will be returned and may delay clearance.***
- ☐ Proceed to the next column once the Sports Physical Form is completed.

My child **DOES** have a valid Sports Physical on file: ***Please note:** The Health History Update Questionnaire must be printed and provided to the nurse's office.*

- ☐ Complete and **PRINT** the ***Health History Update Questionnaire*** and provide the completed update to the nurse's office.
- ☐ Review the ***Opioid Use/Misuse Fact Sheet and video*** with your student athlete and **electronically sign** the acknowledgement form in the Genesis Parent Portal each season.
- ☐ Review the ***Sudden Cardiac Death in Young Athletes Pamphlet*** with your student athlete and **electronically sign** the acknowledgement form in the Genesis Parent Portal each season.
- ☐ Review the ***Sports-Related Concussion and Head Injury Fact Sheet*** with your student athlete and **electronically sign** the acknowledgement form in the Genesis Parent Portal each season.
- ☐ Complete the ***Athletic Participation and Release Form***, **select the sport for that season and electronically sign** the acknowledgement form in the Genesis Parent Portal each season.
- ☐ **High school only:** Review the NJSIAA Steroid Testing Policy with your student and **electronically sign** the acknowledgement form in the Genesis Parent Portal each season.